

Six Lesson Whole Class on the Value of Creating SMART Goals

Lesson 1

- **Present Naviance Pretest**
- **Explain the purpose of our visit**
 - **Timeline (Monthly lessons, Monthly 1:1 conferences)**
 - **Split groups (Hamlin / Melody)**
- **Evaluate the mindset by taking the Mindset survey**

Lesson 2

- **Review results of Mindset survey**
- **Discuss mindset characteristics (Website)**
- **Play clip of Barack Obama speech (speech starts at 4 min 04 sec)**

Lesson 3

- **Share Anthony Robles video (7 mins)**
- **Review any and all labels pinned to you.**
 - **Can labeling yourself or others get in the way of where you want to go and/or develop those that will propel you forward.**
 - **Which ones are you keeping for your journey?**

Lesson 4

- **Why is it important to surround yourself with companions who also want to achieve goals. Take along only those who will provide support along the way. Who will they be?**
- **Identify three habits you will need to develop in order to achieve your goal. What are they?**

Lesson 5

- **How do you approach the steps to achieve your goal. Practice each time with a purpose in mind. What will it look like?**
- **Evaluate your goal plan with Mrs. Hamlin/Mrs. Melody every month to make sure you moving in the right direction.**
- **Speak with your companions when you hit rough patches and get feedback/fuel to move forward.**

Lesson 6

- **Readminister Mindset survey and rescore with student.**
- **Discuss Pre-test and Post-test score difference**